

The City of Mountain View Public Library  
presents

# Natural Remedies for Stress and Fatigue



Feeling stressed out and tired?

Feeling worn-down by the start of the fall season?

Join Dr. Corrine Wang for a free talk on how stress affects your body, and natural therapies for reducing stress and fatigue.

Dr. Wang received her Naturopathic doctorate from Bastyr University. She provides alternative, natural solutions for a variety of health conditions using the least invasive methods possible.

**Saturday, Oct. 22, 1:00 pm**  
**Mountain View Public Library Community Room**  
***No RSVP \* Walk-ins welcome***

City of Mountain View Public Library | 585 Franklin St. Mountain View, CA 94041 | (650) 903.6337

